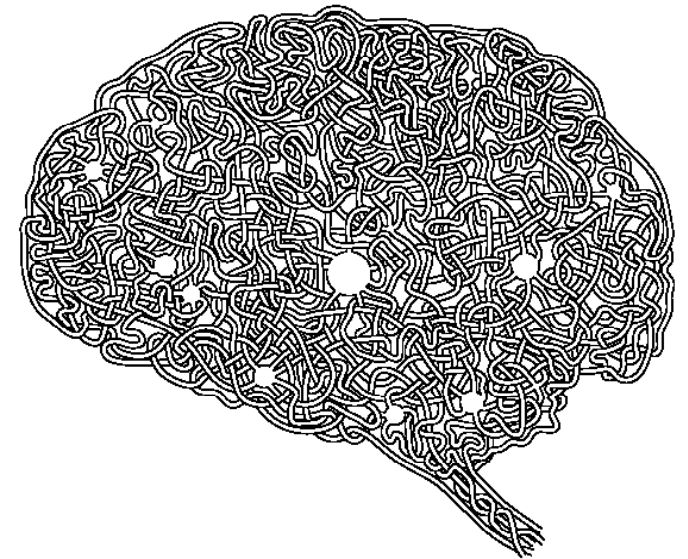


Knowledge is **power!**



A **free** educational
programme **about MS**

ms.
Multiple Sclerosis
New Zealand

ACKNOWLEDGEMENTS

The Multiple Sclerosis Society of New Zealand is extremely grateful to the National Multiple Sclerosis Society (USA) and MS Australia for permission to reproduce, adapt and deliver *Knowledge is Power* in New Zealand.

We also thank the Scottwood Trust for their generous grant towards the development of *Knowledge is Power* in NZ.

ABOUT MSNZ

The Multiple Sclerosis Society of New Zealand is a non-profit organisation that provides support, education and advocacy for people with MS and their support networks.

The Society provides a range of resources about MS, including a website, booklets on particular symptoms and treatments, a quarterly e-magazine, MS research updates, MS news & events and the *Knowledge is Power* education programme.

Contact us as follows:

MS Society of New Zealand Inc.
PO Box 32124
Christchurch 8147

Phone: 0800 MS LINE (67 5463)
Fax: 03 379 5939
Email: info@msnz.org.nz
Website: www.msnz.org.nz
Facebook: www.facebook.com/mssnz

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Multiple Sclerosis
New Zealand

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knowledge
is **power!**

Knowledge is Power!
Multiple Sclerosis Society of New Zealand
PO Box 32124
CHRISTCHURCH 8147



Yes, please register me for *ms.* Multiple Sclerosis New Zealand

Knowledge is Power!

My contact details are:

First Name	
Last Name	
Postal Address	
Postcode	
Email	

Telephone	
Fax	

Please forward my details to my local MS Field Worker

Worker

Tick (✓) as appropriate

I was diagnosed with MSmonths/yrs ago

My partner/family member has MS

I am a caregiver for a person with MS

I am a doctor/health professional

Other (please specify)

After your registration is confirmed, we will send you the comprehensive *Knowledge is Power* series consisting of 10 modules. We will send *Knowledge is Power* to a **New Zealand address only**. We will keep your personal details in a secure database and use them only for the purposes for which we collect them. We will not give them to any other organisation.

The *Knowledge is Power* series provides up-to-date facts about many aspects of MS and is designed to give you information about how to do deal with one of the greatest challenges that MS presents—the unpredictability and uncertainty of what might happen in the future.

You can have *Knowledge is Power* delivered to your postal address. We will send you the 10 modules in a handy pack in the convenience of your own home. Alternatively we can arrange for your local MS Field Worker to contact you and begin you on the programme

You will receive information about:

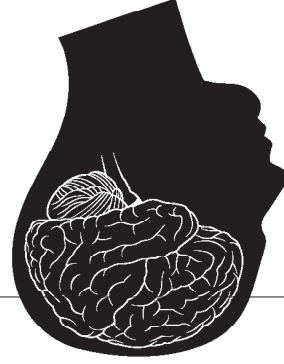
- What multiple sclerosis is
- Dealing with your diagnosis
- Disclosing your diagnosis
- Managing your MS
- Disease modifying drugs for MS
- Working with your doctor
- The impact of MS on your family
- Maximising your employment options
- Building and maintaining intimate relationships
- Parenting issues for people with MS

To sign up for *Knowledge is Power* —

- Fill out, tear off and post the registration form back to us (no stamp required); or
- Visit www.msanz.org.nz to register online.

Select the *Knowledge is Power* logo to access the online registration form.

Knowledge is Power!



The *Knowledge is Power* Programme is a free, at-home educational series for people newly diagnosed with multiple sclerosis (MS), their families, and support network.

Knowledge is Power was first developed in USA. It has been written by highly regarded professionals who know about MS and the effect it can have on your life and the lives of those around you.

It has been reviewed and adapted by MS Australia and used there. MSNZ has reviewed it for the New Zealand context.

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