

NED TALKS on Brain Health: Time Matters

BOOK at Eventbrite:

<https://www.eventbrite.co.nz/>

SATURDAY 31 AUGUST 2019 | 10 AM TO 3PM (Lunch Included)
Taranaki District Health Board and Staff are invited guests.

PLYMOUTH INTERNATIONAL (Quality Hotel)
220 Courtenay Street New Plymouth

If you have a friend or family, or yourself have a neurological disorder such as MS, Parkinsons, Motor Neuron Disease, Muscular Dystrophy or Stroke, or you simply have an interest in brain health this is an important event for you!

NEDTalks (Neuro Education and Discussion) are intended to serve our personal understanding of optimising our brain health and the improvement of services in Taranaki for people with neurological conditions such as Multiple Sclerosis, Parkinson's, Muscular Dystrophy, Motor Neuron, and many others.

Brain Health: Time Matters on August 31 2019 will address the [Report and Recommendations from Brain Health: Time Matters](#) while discussing the services currently available in Taranaki.

Excerpts of presentation by Professor Helmut Butzkueven used.
Full video available at: <https://www.msnz.org.nz/brain-health-time-matters-ms/>

Registration:

Regular	\$35
Members of MS Taranaki	\$20
Other neurological support organisations	\$20

ms.
Multiple Sclerosis
Taranaki

NEDTALKS

Important conversations about your brain.

They're a no-brainer



BRAIN HEALTH DAY

TIME MATTERS

SATURDAY 31 AUGUST | 10AM TO 3PM (Lunch Included)

Host: Graham Walker, President MS Taranaki Inc

Morning Programme

- 10:00 Welcome (Graham Walker)
Video opening: Dr. Helmut Butzkueven
- 10:15 Neil Woodams (Key Note) - Brain Health: Time Matters
- 10:45 Gordon Jackman -
- 11:15 Frances James - Living Well with Illness
- 11:30 Dianne Stokes - Parkinsons Team
- 11:45 Jennifer Pereira - Neurologist
- 12:00 Lunch

Afternoon Programme

- 12:30 Graham Walker - A Personal story
- 12:45 Gilly Davy - Exercise is Medicine
- 1:15 Professor Helmut Butzkueven - Time is Brain
- 1:45 Neil Woodams - PHARMAC & MSBase
- 2:00 Taryn Quinn - Drug treatment in MS
Medicinal Cannabis
- 2:30 Q&A Panel (Gordan Jackman - facilitating)
- 3:00 Closing Remarks (Graham Walker)
Afternoon Tea

Due to availability of presenters, the programme may change without notice.

Neil Woodhams

Neil has had an extensive career in senior healthcare at a governance and senior management level in both the public and private sectors. He is a former senior executive of the Midland RHA and was Chief Operating Officer of Auckland DHB. Neil is Vice-President of Multiple Sclerosis New Zealand, President of the Multiple Sclerosis Society of Auckland and a Trustee of the recently formed NZ Multiple Sclerosis Research Trust. Neil recently resigned from the Pharmac Consumer Advisory Panel.

Gordon Jackman, CEO Duncan Foundation

Established in 2017, the Duncan Foundation is a new national support service for people living with neuromuscular conditions, and the health professionals

who treat and support them. As a new service, our focus is initially on supporting recently diagnosed Parkinson's, Friedreich's ataxia, Dystonia, and Late Effects of Polio, but will expand to other neuromuscular conditions over time.

Professor Helmut Butzkueven, Neuroscience Research

Helmut is a Professor of Research, in the Van Cleef Centre for Nervous Diseases, Department of Neuroscience, within the Central Clinical School; joint Director of the MS Service at The Royal Melbourne Hospital and Director of the MS service at Box Hill Hospital, Melbourne; Chairman of the MSBase Foundation that funds and administers a global online MS cohort study with more than 20300 patients in 64 centres in 27 countries. His research focuses on development of new biomarkers for axonal degeneration in MS and understanding the effects of MS risk genes.

Taryn Quinn, Pharmacist – Disease Modifying Therapies

Recently returned from the UK in role as the lead pharmacist for Neurosciences at Imperial College NHS trust. Prescribing pharmacist specialising in MS disease modifying therapies (prescribing and monitoring fingolimod, dimethyl fumarate, alemtuzumab, Cladribine, Ocrelizumab, Natalizumab for over a thousand patients). Current clinical pharmacist at Taranaki Base Hospital.

Frances James, TDHB Clinical Psychologist, Health Psychology

Master of Science (Honours) Psychology, University of Auckland, New Zealand, Doctor of Philosophy (Psychiatry), University of Auckland, Postgraduate Diploma Clinical Psychology, Massey University

Dr Dianne Stokes, Parkinsons Team Taranaki Base Hospital

Dr Jennifer Pereira, Neurologist

Trained in neurology at Auckland City Hospital. MS research fellowship, Clinical Neurosciences, University of Cambridge (UK). MD focused on immunological changes after treatment of MS with alemtuzumab. Currently consultant neurologist in the Dept of Neurology at Auckland City Hospital.

Gilly Davy, Neurological Physiotherapist

The founder of MS Get a Head Start, owner and clinical lead neurological physiotherapist at Connect Neuro Physiotherapy in Auckland. Awarded the Australian IPSEN award for contribution to neurological physiotherapy in 2016 and an honorary clinical fellow of Australian Catholic University. Gilly strongly believes that exercise is medicine and those living with neurological conditions need to be provided the hope that a better life is possible.