# **Multiple Sclerosis**

Recognising a relapse



## Occasional Symptoms can be caused by...



Increased body temperature



Infection



Stress

#### Watch and wait

These symptoms come and go and may not require treatment.



## Symptoms Lasting more than 24 Hours



Weakness



Dizziness



Changes in vision



Altered sensation

#### **Contact your GP and MS Nurse:**

09 307 4949 extn 25885

You may need an appointment with you GP, they can contact your neurology team to discuss your symptoms



#### Seek Urgent Advice



Falls with injury



Sudden loss of vision



Severe balance issues



Problems breathing



Inability to walk

