



Bangers to Bluff 2023 Special Edition

A large orange rectangular graphic with several circular inset images. The top-left circle contains the text 'BANGERS TO BLUFF' and '21st March - 1st April 2023' above a New Zealand coat of arms. Other circles show a city skyline, a car with 'ms.' branding, and a road sign. To the right of these circles is text in red and white.

BANGERS TO BLUFF
21st March - 1st April 2023

Our banger needs your support to make its way across the country.

Help us raise \$10,000 to advocate for generous and selfless family carers.

Please support our team '**Keep Smyelin**' as they drive the exciting [Bangers to Bluff Rally.](#)

raising awareness of the financial and mental impact
Multiple Sclerosis has on family carers.

Follow their journey on our [Facebook](#) page.

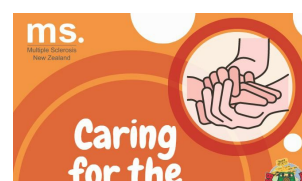
Multiple Sclerosis has a **significant impact** not only on the person diagnosed but also partners, parents, whānau and children.

**Help us raise \$10,000 to
advocate for generous and selfless family carers.**

**Carers that need support to safeguard their own physical and mental wellbeing
and address financial barriers when caring for their loved ones with MS.**

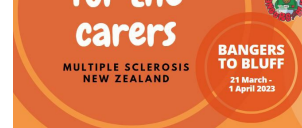
YOUR SUPPORT will help us shine a light on the **mental, physical** and **financial** impacts MS has on family carers.

"I am exhausted because in the past six years, I have only had about 20 days when I wasn't a full-time carer, and 14 of those were when I was in hospital with an



ankle broken in eight places."

Maxine, Otago



*"My own health has suffered without a shadow of a doubt.
During Covid I hit the wall mentally, because we had
no outside help."*

Neil - President, Multiple Sclerosis Society of New Zealand

*Respite services provide carers with a much needed break
to support their own physical and mental health wellbeing.*



DONATE

Our banger desperately needs **your support** to make its way across the country, **spreading awareness** about Multiple Sclerosis and **raising vital funds** to help those impacted by MS **to live well**.



Organised by [The Rotary Club of Half Moon Bay](#), the event sees teams drive a 'banger', a car worth less than \$2,000, from Auckland to Bluff, on a [route](#) less travelled via iconic regions.

Departing Auckland on 21st March, the rally will arrive in Bluff on 1st April where the bangers will be auctioned. Proceeds will be donated to charities the club supports, including [Multiple Sclerosis NZ](#), [Hopeworks NZ](#) and [Regional MS Societies](#) the rally meets along the way.

The difference you could make?

Over **4,130** people are **diagnosed with MS** in New Zealand. Your donation will support [Multiple Sclerosis New Zealand](#) to:

advocate for the needs of those diagnosed as well as their **carers and families, breaking**

down barriers that impact their physical, mental and financial health and well-being.

provide nationally consistent **information** and **support** for **18 regional member organisations providing services in their local community.**

We NEED **you** to support our banger in raising these vital funds and awareness for those impacted by Multiple Sclerosis in your community.

DONATE



Last year, Graham left bright and early each morning to cycle as far as he could before our banger caught him.

He enjoyed it so much he is doing it again!

After all '**Exercise is Medicine**'.

Follow his journey on our [Facebook](#) page.

THANK YOU

We express our sincere gratitude to [The Rotary Club of Half Moon Bay](#) for selecting us as a recipient charity, to our fabulous **sponsors** and **to you** for joining us to make a difference, supporting us on our journey.

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New Zealand



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