

ms. VOICE



Special Edition Carers Newsletter August 2023

Welcome to our August 2023 special edition of MS Voice. We are excited to share with you that the Carers Alliance ['We Care'](#) website is now live!

We encourage you to spend some time evaluating the information on the website. In addition to the petition, the website highlights the many ways you can be involved in showing carers WE CARE.

You can sign the petition, submit a photo message, share YOUR story and send an e-card to all MP's, Ministers, political party leaders and the Prime Minister calling for a home in government for family carers, and for action to protect their mental, physical and financial wellbeing.

Your support can make a real difference.



Taking a stand for family carers

More than a million New Zealanders care for family members and whānau who are ill, frail, injured, or have a health condition or disability.

But family carers can feel invisible, taken for granted. They aren't getting the support they need to keep going.

That's why the Carers Alliance of 50+ national not for profits, including Multiple Sclerosis New Zealand, are calling for a home in government for family carers, and for action to protect their mental, physical, and financial wellbeing.

Read the 2023 Election Carers Alliance briefing to find out more about what is being asked of the politicians and their parties: <https://www.msnz.org.nz/2023-election-carers-alliance-briefing/>

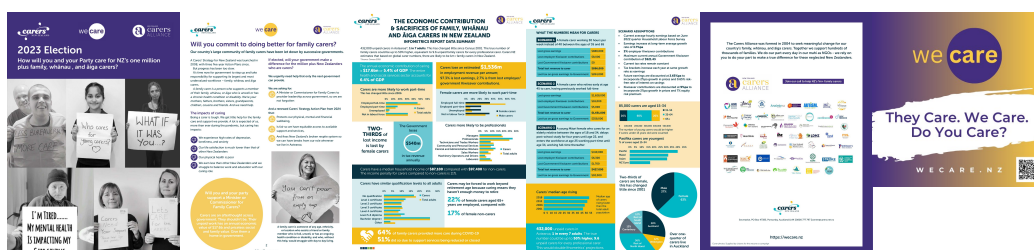
Take one action, or do them all.

Caring for the Carers



Help us by adding your voice to ours!

Carers NZ have published their Election Briefing asking Politicians and their parties how they will care for NZ's one million plus family, whānau, and aiga carers.





Lisa's gratitude and understanding

Lisa is acutely aware of everything her husband has to pick up the slack on to ensure their whole family is cared for. Everything from cooking, shopping, meal planning and driving their daughter about, alongside working a full time job. Watch this short video she made explaining just how much he does, and the care and recognition she desperately wants him to have.

[Watch Here](#)

MS Events



The countdown is on.....MS Awareness Week 11th - 17th September 2023

Every year MSNZ runs a campaign to raise awareness nationally for Multiple Sclerosis as a chronic condition affecting New Zealanders, highlighting the needs of those living with the condition.

We look forward to introducing you to different Faces of MS, who wish to share their own personal MS stories to inspire and increase awareness of this life changing condition. If you would like to help us raise awareness by sharing your story, please email info@msnz.org.nz

Don't forget, during Awareness Week, Regional Societies across the country will hold Street Collections and events to raise vital funds for the work they do supporting those with Multiple Sclerosis in their local communities.

Why not volunteer your time by helping them to help those with MS in your community to live their best life. You can contact your local society [here](#).

MS News & Information



[Accessibility for New Zealanders Bill not progressing before the upcoming election](#)



[Understanding MS Course 11th September 2023 - Register your space now](#)



[Survey to understand the importance of being actively involved in research](#)



[Vaccine breakthrough offers hope against Epstein-Barr virus](#)

Get Involved



[Epic Discounts with the Entertainment Book](#)



[Volunteer with your local regional society](#)



[Oceans of Hope September 2023 - Are you up for the challenge?](#)



[Running the Miami Marathon for MSNZ & MS Waikato](#)

We love to share real life stories, if you would like to share *your* MS story with the MS Community, please get in touch: info@msnz.org.nz

Thank you for your continued support, it has helped us to achieve so much, to help those impacted by MS.





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