

Understanding **Multiple Sclerosis**

FREE ONLINE COURSE

enrol today at ms.mooc.utas.edu.au

Understanding **Multiple Sclerosis** is a **FREE** online course that aims to improve understanding and awareness of MS.

Members of the public will increase their knowledge of MS-related issues and those in the MS community will be empowered to create and contribute to personalised MS management plans.

“If you want to know more about MS, look no further! It’s all free, only 2 hours a week and well worth it! It’s very informative & you get to hear from experts in their field. I would highly recommend this course to anyone who wants to increase their knowledge and understanding about this disease.”

Jody Cypelt | previous participant

Find out more and enrol at
ms.mooc.utas.edu.au

 **UnderstandingMultipleSclerosis**

This study has been approved by the University of Tasmania
Human Research Ethics Committee. ID: H0023966

CRICOS Provider Code: 00586B



UNIVERSITY OF TASMANIA
MENZIES 
Institute for Medical Research

MS PLUS
NeuroWellbeing

MS
AUSTRALIA



Entirely online & free!

Accessible from your phone, tablet or computer



Low time commitment

Average of 2 hours per week



Open to everyone

Anyone with an interest in MS



Accessible when it suits you

Day or night

Who should participate?

The course is designed for anyone with an interest in multiple sclerosis including

- **People living with MS, their families and carers**
- **Medical and nursing professionals**
- **Allied health professionals**
- **Advocates, service delivery staff, support workers**
- **Members of the public keen to learn more about MS.**

Learning modules

The course consists of six modules addressing the areas of

1. Biology and pathology
2. Diagnosis and symptoms
3. Demographics and risk
4. Risk factors
5. Disease management
6. Living with MS.

Through a series of educational videos academics and health professionals deliver evidence-based information on the disease risk factors, progression and management, while people living with MS provide personal perspectives on diagnosis, symptoms and symptom management.

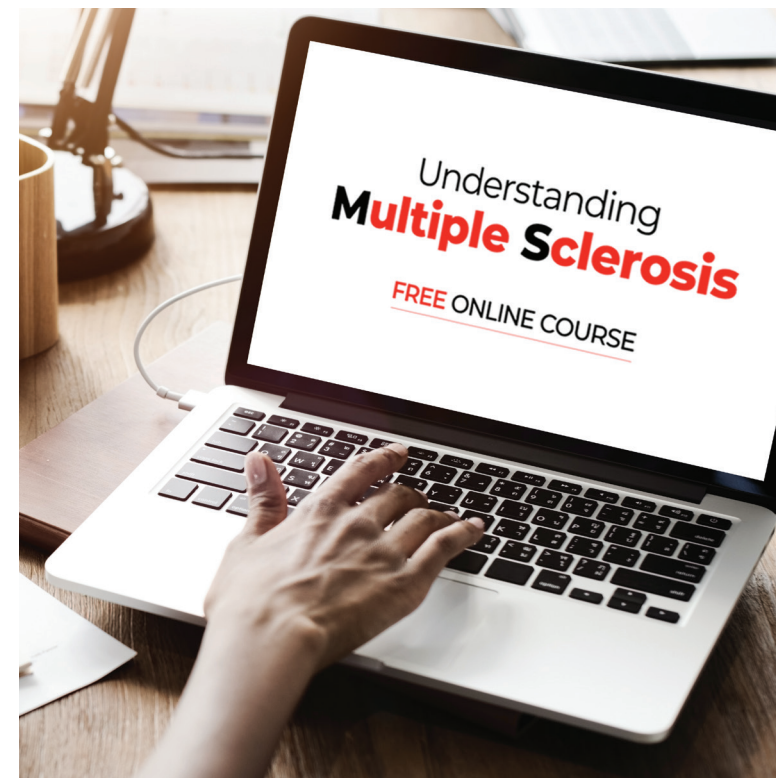
Each module ends with a short quiz enabling you to gauge how much you have learned, and on finishing the course you will be provided with a personalised certificate of completion.

This course was developed in partnership with MS Plus and MS Australia, and in collaboration with the Wicking Dementia Research and Education Centre.

Find out more

The course is completely free and online.

To find out more, or to enrol in the MOOC, please visit: ms.mooc.utas.edu.au



“Absolutely brilliant online course. MS is such an unknown quantity with the symptoms being so different in each person. It was wonderful finally to get a solid knowledge of the disease and the range of symptom management techniques available.”

★★★★★ | participant review